



Sat, Sept. 19, 2009



Category	Name	Age	#	Swim	Bike	Run	Overall
	Males						
Overall	Paul Bedard	41	466	06:20.00	22:38.00	23:52.0	00:52:10
Masters	Henry Hidy	45	457	06:46.00	24:04.0	0:26:59	00:57:48
Junior	Matt Hidy	12	458	09:36.00	28:01.0	38:00.0	01:15:35
10 & U	*Finn Valle	9	460	05:21.00	33:00.0	35:02.0	01:13:23
14 & U	Tanner Allsion	13	464	10:07.00	36:10.0	37:17.0	01:23:34
20-24	Sean Hogan	20	453	0:6;21	26:29.0	24:56.0	00:57:06
	Josephy Haynsworth	24	450	00:05:26	27:37.0	24:49.0	00:57:12
	Chris Tanaka	22	467	00:07:13	28:16.0	30:11.0	01:05:00
25-29	Anthony Flynn	29	475	00:08:54	29:51.0	29:16.0	01:07:21
30-34	Joe McGovern	34	447	00:07:59	23:52.0	23:20.0	00:54:31
	Johnathon Croly	32	452	00:07:54	26:29.0	27:37.0	01:01:20
	Bill Elkins	34	459	00:10:10	27:27.0	27:22.0	01:04:59
35-39	Doug Bradshaw	39	455	00:08:11	23:48.0	26:00.0	00:57:43
	Sassy Tuttle	37	456	00:07:50	26:32.0	25:48.0	00:59:30
	Alvaro Blanco	37	461	00:10:57	28:46.0	25:04.0	01:04:07
	Andrew Olday	38	446	00:08:26	27:06.0	29:00.0	01:04:29
40-44	Michael Behmke	43	449	00:09:02	25:12.0	28:00.0	01:02:01
	Jay Hall	43	454	00:08:36	27:11.0	32:59.0	01:08:12
50-54	Rodney Allsion	54	463	00:10:02	32:21.0	38:18.0	01:20:41
55-59	Peter Willmott	56	465	00:06:44	25:20.0	29:50.0	01:01:14
	Don Nelson	59	469	00:07:52	30:00.0	27:37.0	01:04:50
65-69	Bill Kruczynski	66	451	00:08:01	25:19.0	29:06.0	01:02:26
Biathlon							
Bike/Run	Dylan Stafford	27	534	n/a	26:40.0	36:07.0	01:02:07
	Sasha Cucci		536	n/a	23:12.0		
	James Moger	35	470	n/a	28:29.0	38:28.0	01:06:57
Swim/Bike	Will Hillyer	34	468	00:11:26	32:00.0		



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Category	Females	#	Swim	Bike	Run	Overall	
Overall	Amy Spielberg	33	355	08:17:00	23:59.00	00:25:51	00:57:52
Masters	Sheri Golden	46	351	08:41:00	25:14.00	00:24:59	00:58:51
20-24	Harmony Lazore	24	362	08:58:00	33:01.00	00:34:10	01:16:05
25-29	Samantha Bagdasarian	26	363	08:40:00	32:15.00	00:30:12	01:10:27
30-34	Bethany Tietz	33	356	09:06:00	25:52.00	00:23:59	00:58:27
	Samantha Paterson	33	360	07:23:00	27:17.00	00:30:17	01:04:57
35-39	Colleen Tabberer	36	366	07:47:00	28:01.00	00:29:12	01:04:20
	Sarah Williams	35	359	09:19:00	34:21.00	00:36:01	01:19:15
40-44	Sandy Rodriguez	40	361	09:00:00	31:57.00	00:26:00	01:06:24
	Susan Kochan	44	368	8:22:00	27:34.00	00:31:53	01:07:09
	Susan Dekeyser	43	364	8:31:00	27:30.00	00:32:09	01:07:20
	Kelly Valle	41	357	9:33:00	27:25.00	00:34:03	01:10:41
	Megan Behmke	42	352	9:09:00	34:21.00	00:36:25	01:19:15
	Adelheld Salas	43	354	9:47:00	00:37:25	00:35:59	01:22:11
50-54	Deborah Aeschliman	50	367	0:10:54	32:01.00	00:30:23	01:11:29
Bike/Run	Lori Richards	365	n/a		00:31:29	00:36:01	01:07:20

Relays	Junior	#	Swim	Bike	Run	Overall
	Cruse Sweeney, Jett Valle/ Nicole-27		04:52*	41:02.0	33:00.0	01:18:22
	Overall					
	Andrew Ambrose/Rachel Fairbrother/J		08:24:00	19:05.00	26:00.00	00:53:22
	Male					
	Derek Luman/Michael Malbrough/Se		00:14:11	28:10.00	00:31:15	01:13:16
	Mixed					
	Don Nelson/Quincy Perkins/Natalie D		00:07:52	27:02.00	00:24:51	00:59:05
	Lace Lentini/Clayton Loudon-275		00:08:08	30:01.00	00:32:37	01:10:44
	Biathlon Relay					
	Yeager/Danny Garcia-277		00:05:56	00:22:10	n/a	00:27:27